

**Lifespan Respite
Follow-up Meeting
August 31, 2007**

Overview: Participants of the Kansas Lifespan Respite Coalition met on August 31 at the Self-Help Network.

Attendees:

Celia Koudele Alz. Association	Colleen Parker United Way
Cindy Lane SEKAAA	Vern Norwood KDOA
Judy Weigel ILRC	Colin McKenney SCDDO
Dolores Cooper Senior Services	Joan Flynn Central Plains Area on Aging
Connie Zienkewicz Families Together	Adena McCowan Rainbows United
Gina Ervay Respite Outreach Care for Kansans, Inc.	

Participants discussed:

- (1) Insights from other states that have developed coalitions,
- (2) Additional information needed from other states and others,
- (3) An "overall" picture of what the Kansas Lifespan Respite Coalition, and
- (4) Developed an initial set of purposes for the Kansas Lifespan Respite Coalition. These initial purposes included:

- Educate those who need respite services
- Connect existing resources that provide respite services
- Identify gaps in respite services and develop strategies to address those gaps
- Locate training options for those interested in providing respite in Kansas
- Explore and obtain funding to provide respite services

For each of these purposes, participants developed possible initial steps. Participants volunteered to take action on several of these initial steps. **See below in notes for names and actions to be taken prior to next meeting- October 15th.**

The Kansas Lifespan Respite Coalition will meet again **Monday, October 15th at 10:00 am at the Self-Help Network. If unable to attend, please contact (877) 278-8686, code 570683 to conference call for the meeting.**

Insights/Thoughts from Other States...

- Funding – like Oklahoma in what they are doing, but doing it on a very limited budget.

- The majority of states are ignoring Medicaid and the waivers
- We may want to consider having it as a free standing waiver on its own
- What if we go across system "all Medicaid eligible" – the Respite Waiver...could we go across systems?
- Create a broad vision for respite services and to prepare KS to be competitive for federal funding, if it would come available
- When state applies for funding, some states have the ADRC...the coalition acts as a fiscal agent (w/ own 501c3) that contract w/ providers across the state
- Other states, the coalition does not handle the \$, contracts are provided directly to the ADRC (Aging Disability Resource Center)
- Law states that the ADRC has to work with a statewide coalition or a statewide agency
- States that are just starting coalition are really focusing on federal dollars
- Coalitions in general having trouble finding funding...administrative funding...want to support the service

Need to know More...

- What was the particular language used in the state legislature. It is accessible as states have borrowed from each other in the past. Once we get a hold of it, who do we take it to?
- Need to identify who would help "champion" this in Kansas...look to new committee assignments. Possibilities: Jerry Williams (Rep.)
- Long term care system transformation grant ...may be a possible source that is related
- Iowa training model – what does it look like, what is the cost?
- Research team – of what existing training programs are available throughout KS across the various ages/disabilities...identify what is missing/what is available (may be initial fundable project?)

What would State Lifespan Respite System look like and provide?

- Educate those who might be interested and need respite services
- Educate both the caregiver and the person being taken care of
- A bit of a culture change is needed in order for these types of services to be provided
- Statewide conference of counselors – could be a place for education so that they know
- Training of persons who would be able to provide respite services – what type of training is available
- Locate at funding possibility – KS Health Policy Authority...they will determine the possibility of a "Respite Waiver"...may be better to involve them at the front end
- Recognition that it often takes paid staff to provide these types of services
- Single point of entry – no matter what age, disability – one form that you complete...make it easy for persons to access the system

- Sec. of Aging is interested in Respite and lifespan services...prepared to add funding to budget for coalition? She needs something she needs to present if interested
- Coalition acts as an advisor to the ADRC – bringing the expertise from the service provider level to the ADRC. To inform the ADRC. Advisory group that helps the ADRC make decisions about how \$ are funneled throughout the state
- Educate those who need respite services
- Connecting of existing resources that provide respite services
- Identify gaps in respite services and develop strategies to address those gaps
- Training options for those interested in providing respite that are available across the state
- Exploring funding options to provide respite services
- One stop place/call for respite services

Purposes & Initial Steps of the Kansas Lifespan Respite Coalition:

Purpose: Educate those who need respite services

Possible Steps:

- KS Health Foundation as partner to help
- insert in water bill/electric bill
- School social workers/counselors – statewide association
- Hospitals/health care providers/medical centers
- Dillons’ bags – prescription bags
- Discharge at hospital
- Pharmacy association?
- Meals on Wheels & Meal locations
- Senior centers
- Governor’s Conference on Aging Services – Perhaps submit a track on Lifespan respite...
- Interhab conference – presentation at next conference

Notes:

- November – national caregiver month
- What are we educating them about?
 - What is respite?
 - What resources exist in the state (or where to find out what resource exist)?

Immediate Next Steps:

- Celia – follow-up on the Walgreens ads...internet
- Gina – ARCH Definition of respite...e-mail to everyone and see if it “works”

Purpose: Connect existing resources that provide respite services

Possible Steps:

- Pull together a list of existing respite resources that provide respite services (and make sure that it is provided to United Way and make sure that coalition members have it as well)
- What to do w/ those groups/individuals/etc. that do not "fit into United Way" 211 line (i.e., home health agencies, for-profit)...maybe worth a conversation w/ United Way, ADRC, and others who are "referral type agencies"
- Talk w/ Nebraska & Oklahoma about their phone lines and how they have structured this part of their services

Notes:

- KU - School of Social Welfare – (may have Medicaid \$ to examine resources in Kansas)
- Look into student who could help in researching those services that are not listed w/ 211
- Anyone at K-State? Extension or persons who work w/ dept. of aging? Local extension – do they do anything related to this?

Immediate Next Steps:

- Gina – look into Nebraska & Oklahoma to see how they develop lists of respite resources/structure of it
- Colleen – Look into what U.W. already has listed (211) about respite resources
- Cindy – will call 211 about respite resources

Purpose: Locate training options for those interested in providing respite in Kansas

Possible Steps:

- Investigate the College of Direct Supports, Iowa video-model, community colleges on what they provide, Red Cross – caregiving trainings?, Senior Services (20 hour training), Wichita Area Technical College, internet based training – Children's Alliance.
- Determine what training is available and then provide a list of those trainings to anyone
- Training – for those who are family members vs. those who are the respite providers
- Develop initial list of what respite trainings are available (format, who is it intended for, hours, where is it provided, cost, who has access to it)

Immediate Next Steps:

- Cindy – will check into the group that is starting training program at community college
- Adena – look into College of Direct Supports and what is provided. Find out what information they provide
- Adena – Iowa model
- Joan – look into Red Cross providing
- Celia – Wichita Area Technical College – what do they provide

formation about the Children's Alliance
Social Welfare - Look into what training is available

and obtain funding to provide respite services.

w/ Dept. of Aging
Foundation (see education piece)
Health Policy conversation

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Notes:

- The other “purposes” are some of the gaps, but additional discussion is needed to address this potential purpose of the coalition.